

## **Podcast #116 My Case of the Flu**

### ***Original Version***

My case of the flu started with a cough. I thought it was just a cold. I had had a flu shot, so I thought I was safe.

I got some cough medicine. The next morning I felt achy all over. I had a fever. I also had a bad headache. My wife called the doctor. The doctor asked what the symptoms were. He said it definitely sounded like the flu. It wasn't worth coming in. All I could do was, number one, rest. Number two, drink lots of liquids. And number three, knock down the fever with aspirin.

For the next three days I was miserable. I couldn't get comfortable. Light bothered my eyes. I had bad sinus pain. My wife made sure I had plenty of liquids. Water, tea, soup, ice cream. All that liquid had its own effects. Lots of trips to the bathroom.

I watched a few movies on my iPad. I had the brightness turned way down. This made it easier on my eyes.

The fourth day I felt a little better. But the flu virus is tricky. If you get active too soon, wham, it knocks you down again. So I stayed in bed. I was able to read now. I even did some work on the computer. My appetite got better. I was still a little weak.

The next two days I spent some time out of bed. I wasn't completely well. The next week I was up and about. But I still didn't exert myself.

In total, the flu lasted almost three weeks. I still had a little cough. That lasted for another month. After that I was my usual perfect self.

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### *Choose the correct word or term*

My case of the (flu – flew) started with a cough. I thought it (is – was) just a cold. I (had – had had) a flu shot, so I thought I was safe.

I got some cough (medicine – medecine). The next morning I felt (achey – achy) all over. I had a fever. I also had a bad (headache – head ache). (My wife she called the doctor. – My wife called the doctor) The doctor asked (what the symptoms were – what were the symptoms). He said it definitely (sounds – sounded) like the flu. It wasn't worth coming in. All I (could do – could be doing) was, number one, rest. Number two, drink lots of liquids. And number three, (knock over – knock down) the fever with aspirin.

For the next three days (I was – I'm) miserable. I couldn't get comfortable. Light (bothered – bothered to) my eyes. I had bad sinus pain. My wife made sure I (had – have) plenty of liquids. Water, tea, soup, ice cream. All that liquid had (it's – its) own (effects – affects). Lots of trips to the (bath room – bathroom).

I watched a few movies (on – in) my iPad. I had the brightness (terned – turned) way down. This made it (easier – easier) on my eyes.

The (forth – fourth) day I (feeled – felt) a little better. But the flu (virus – virrus) is tricky. If you get active (too – to) soon, wham, it knocks you down again. So I stayed (on – in) bed. I was able to read now. I even (did – done) some work on the computer. My (apetite – appetite) got better. I was still a little (week – weak).

The next two days I spent some time out of bed. I wasn't (completely – completly) well. The next week I was (about and up – up and about). But I still didn't (excert – exert) myself.

In total, the flu lasted almost three weeks. I still had a little (couch – cough). That lasted for another month. After that I (am – was) my usual perfect self.

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### ***Practice with incorrect or missing articles, indefinite pronouns, and verbs.***

In the following version of the story, circle or underline places where (a) a grammatically incorrect article is used, or (b) any of the following is missing:

- a grammatically required article (*a, an, the*)
- a personal pronoun (for example, *he*)
- a possessive pronoun (for example, *his*)
- an indefinite pronoun such as *some* or *any*
- a form of the verb *to be* (for example, *was*)

The first two sentences have been underlined to show where you would circle or underline a word or phrase.

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For next three days was miserable. I couldn't get comfortable. Light bothered eyes. I had bad sinus pain. Wife made sure I had plenty of liquids. Water, tea, soup, ice cream. All that liquid had own effects. Lots of trips to bathroom.

I watched a few movies on my iPad. I had brightness turned way down. This made it easier on eyes.

The fourth day I felt a little better. But flu virus tricky. If you get active too soon, wham, knocks you down again. So I stayed in the bed. Was able to read now. I even did some work on computer. My appetite got better. I was still little weak.

The next two days I spent some time out of the bed. I not completely well. The next week was up and about. But I still didn't exert myself.

In total, flu lasted almost three weeks. I still had little cough. That lasted for another month. After that was usual perfect self.